



Offer to schools Information pack 2025

Inspiring the Next Generation

Welcome to our Inspire-Her School's Offer. We provide engaging, empowering sessions for schools that build confidence, raise awareness, and support young people's wellbeing and development.

In-School Offers

1. Ada Workshops

Celebrating Local History, Voice & Activism

Duration: 2 hours

Subject Focus: Art, Drama, or English

Outcomes:

- Discover the life and legacy of Ada Nield-Chew, a Crewe factory girl who became a powerful voice for working-class women's rights
- Explore themes of activism, voice, and justice through creative expression
- Build confidence in speaking out and expressing identity
- Develop teamwork, critical thinking, and communication skills

Workshop formats available:

- **Art:** Create protest posters, illustrations, or visual storytelling pieces
- **Drama:** Devise and perform short scenes, monologues, and songs inspired by Ada's letters and campaigns
- **English:** Creative writing using historical newspaper entries, or persuasive letters



This session links to local history, and PSHE, while empowering students to see how one voice can create change.

2. Feminist Talks (Campaigning & Activism)

Duration: 1 hour

Outcomes:

- Understand the history and impact of feminism
- Learn about real-world campaigns and how to create change
- Encourage critical thinking and positive social action

–Includes examples of successful campaigns

3. Wellbeing Ambassador Training

Duration: 2 hours

Outcomes:

- Train young people to support personal and peer wellbeing
- Build emotional literacy and confidence
- Equip ambassadors with leadership and communication skills

–Certificate and badge on completion

4. Women's Health Talks

Duration: 1 hour

Outcomes:

- Promote positive and inclusive menstrual health education
- Reduce stigma and normalise conversations
- Share resources, products, and self-care strategies
- Tailored sessions available for:
 - Younger Girls (9–12)
 - Teen Girls (13–17)

All Genders (General Health & Period Positivity)

5. White Ribbon & Healthy Relationship Talks

Duration: 1 hour

Outcomes:

- Educate about consent, respect, and recognising unhealthy behaviours
- Support the White Ribbon campaign to end gender-based violence

Encourage young people to be allies and upstanders

-Delivered with age-appropriate content for KS3 & KS4

Out of school activities

We also offer free programmes for young people outside of school hours, including:

- Active-Her Sessions (wellbeing and fitness)
- Fairy Prom Mother Events (access to dresses, suits, and accessories on a donations basis)
- Inspire Magazine (Opportunities for young people to submit and showcase their work, achievements, campaigns, or write articles)
- Her Revolution (Upcoming online community and empowerment group to discuss campaigning and empowerment topics)
- Wellbeing activity sessions during summer
- Tailored and empowering volunteer and work experience opportunities

These can be signposted to families, carers, or included in school newsletters.